



Heme Iron

BOVINE

**BIOAVAILABLE BOVINE IRON
FOR OPTIMAL ABSORPTION
GENTLE ON THE STOMACH**

Heme Iron

Polypeptide · 11 mg

Bovine · BSE-Free

**The Most Bioavailable Iron
for Best Absorption**

Gentle on the Stomach



ISO 17025
Laboratory-Tested

60

vegetable
capsules

30093863

**NON
GMO**

**All New Roots Herbal Products Are Tested
in Our ISO 17025–Accredited Laboratory**

Heme Iron

BOVINE



Iron deficiency leads to low levels of red blood cells resulting in iron-deficiency anemia, a treatable disease associated with tiredness and fatigue. Persons at risk of iron deficiency include women of reproductive age due to menstrual blood loss; vegetarians or vegans with low dietary intake of iron; patients with celiac disease, inflammatory bowel disease, or other conditions contributing to nutrient malabsorption in the digestive system; patients with gastrointestinal bleeding; and frequent blood donors.

Highly bioavailable, bovine-sourced heme iron is efficiently recognized and incorporated into the structural scaffolding for hemoglobin, the specialized blood protein which transports oxygen from the lungs to energize living tissue throughout the entire body. Our formula includes vitamin C for enhanced cellular absorption, with biologically active vitamin B₁₂ and folic acid, key nutrients for hemoglobin formation.

New Roots Herbal's premium Heme Iron is sourced from cattle free of growth hormones and bovine spongiform encephalopathy (BSE).

Make Life Better · newrootsherbal.com

Each vegetable capsule contains:

Iron (heme iron polypeptide, from bovine hemoglobin).....	11 mg
Vitamin C (ascorbic acid).....	90 mg
Folate (from calcium L-5-methyltetrahydrofolate).....	333 mcg
Vitamin B12 (methylcobalamin)	333 mcg

Other ingredients:

Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

V0691-R1 · NPN 80093863

Directions of use:

Adults: Take 3 capsules once daily with a full glass of water, with or without food, or as directed by your health-care practitioner. Do not lie down for 30 minutes after taking this product. If you are taking other medications or natural health products, take this product a few hours before or after them.

Duration of use:

Consult a health-care practitioner for use beyond 7 weeks.

Manufactured under strict GMP (Good Manufacturing Practices).

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